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For the entire wildcat community at Carolina Day School

by Westray Keeler, Class of 2021



### THE FALL SEASON COMES TO AN END. GIRLS **TENNIS AND CROSS COUNTRY KEEP ON GOING!**

persevere throughout the season, most with great endings to an unusual year. Varsity Volleyball ended the season in a great match versus Asheville School during the "COVID Cup series". The 5 game series ended up going to Asheville School, but the wildcats put up a great fight with most games going to 5 sets. This rivalry series gave both teams the opportunity to improve their skills during this unprecedented season and gave the CDS girls a great team to compete with. Although the Cats didn't bring home the Cup, three of our girls were awarded "All tournament" awards. Senior Gea Rotolo, junior Ryssa Stout, and sophomore Jenna Stout were all recognized as top performers during the series.

What a season for our Varsity boys soccer team! The team has won or lost most of their games this year by a one point differential and the end of the season was no different. The wildcats played both Asheville Christian Academy and Asheville School during these last two weeks. Both games were high-energy and filled with a lot of excitement. On Tuesday, 10/13, the Cats lost to ACA in penalty kicks after two overtime periods, and then turned it around two days later to beat Asheville School by one goal. This secured them a Awesome job, Wildcats!! spot in the NCISAA 3A state tournament. The team would end up falling in the first round in a heartbreaking loss (0-2) to local rival Asheville School on Tuesday, 10/20. The Cats ended their regular season with a winning record of 4-1.

As we've come to expect, our Wildcat teams continue to Girls tennis played three matches during the last week of the regular season, winning 2 of the 3 matches. They would end up qualifying as the #3 seed in the NCISAA 3A state playoffs. The lady Cats easily defeated ACA in the first round of the playoffs, beating them 5-0. This, sent them into the second round to compete against Forsyth Country Day on Friday, 10/23. Follow the tennis team on their journey to the championship here.

> The Girls Cross Country team keeps up with the team's winning tradition by coming in first overall on Wednesday's (10/21) 3A Conference Championships. The team was lead by senior Lia Sprouse and juniors Katie Rudins and Erin Hovendon. All three girls placed within the top seven, helping to secure the team's 5th Conference Championship title. The three girls were also awarded "All conference" awards. The lady Cats will go on to compete in the State Championship on Monday, November 2nd. The athletic department is hoping to hang up yet another State Championship banner in the gym. A state title would be the team's 7th in a row.

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# COACH CORNER



How many years have you been coaching? 13 years at Carolina Day (+1 year in Michigan)

What's your personal running history? I began running in Middle School, competed in HS in Massachusetts, then continued at the NCAA DI level at Quinnipiac University (CT). After school, I've continued to train and compete in cross country, road racing, and trail racing with the Asheville Running Collective.

What else are you involved with at school? I've been the head coach of the Varsity Track and Field teams for 13 years, as well. I'm in my 12th year teaching Math, Core Studies (Science / Social Studies), and more at the Key Middle School.

**In your opinion why is the girls' XC program so successful?** The girls have bought into our tradition of success. They have high expectations for themselves and the belief that they can achieve their goals. The next generation of CDS XC (MS runners and athletes coming from other sports) know that with hard work and commitment to their teammates they can be part of something special. how many years have you received coach of the year? Four in XC: 2019, 2018, 2017, 2014 & Three in track: 2018, 2017, 2015

What was the most surprising or most difficult aspect of having a season during a pandemic? The most surprising aspect is the resiliency and flexibility displayed by our student-athletes. Most members of the team have been training on their own 2-3 days per week, juggling classes on Zoom, finishing college essays, and dealing with all of the stress that has comes with being a human in 2020. In some ways, the team's bond has become stronger because of all of this.

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# EDITORS' CHOICE

It's no secret that the Field Hockey girls have a great bond and exhibit amazing sportsmanship. Everyone seems to agree that the community is like no other, citing the "close friendships" as a major factor for their enjoyment. However, the last few years have brought coaching changes and the graduation of some of their best players. Many feared that this year would be another with a losing record, especially with all the adjustments with COVID. We could not have been more wrong! Their early victories against Asheville School were unprecedented (in recent years), but now, for the first time in seven years, Field Hockey has advanced to the NCISAA 3A State playoffs!

"It's absolutely insane" senior Ashlyn Browne says. "I've been playing for so long and I finally get to see our team rewarded for all of our effort!". Coach Chandler Wagner noted earlier in the season that one of the biggest obstacles for Field Hockey this season was the lack of potential competitors.

It seems clear that they capitalized on the season, despite the small pool of opponents!

The team eventually fell in the first round of the playoffs to Covenant Day School out of Charlotte. They ended their regular season with a record of 4-2. We can only look forward to what is in store for the future of this program and, from where we are standing, it looks very bright!



The team spirit at Carolina Day is like no other. ASHLYN BROWNE '21

# SENIOR CAT IN THE HOT SEAT



### Ashlyn Browne

Class of 2021 Varsity Field Hockey and Cross Country Interested in Sewanee: University of the South <u>Watch the interview</u> <u>now</u>

### 20 QUESTIONS IN 60 SECONDS SENIOR ATHLETES

WITH WESTRAY KEELER A SPORTS MANAGEMENT CLUB PRODUCTION

## LAST WEEK'S SENIOR RECOGNITIONS...

















